



We are so grateful to our year 6 pupils who have put themselves forward for roles and responsibilities this year. We are pleased to announce the following.

Head Boy – **Thomas S**

Head girl – **Sienna**

Coniston house captain – **Connor**

Helvellyn house captain - **Max**

Scafell house captain – **Jude**

Sports ambassadors - **Poppie and Lewis**

Worship leaders – **Athena, Audrey, Catherine**

Tech team – **Thomas P**

Play leaders – **Flynn, Marnie**

Forest School

Bitterns will be taking part in forest school on a Monday afternoon after half term. Please ensure children have warm clothes and waterproofs

Outdoor Education

We will be taking the children on outdoor education trips in the spring term. It is looking likely that it will be WC 24th March 2025. Please

look out for letters next week.

They will run as follows...

Nursery and Reception Day 1

Year 1 and Year 2 – Day 2

Year 3 and Year 4 – Day 3 and 4

The year 3/4 trip will be an overnight residential.

Lunches

Week 2 WC 07.10.24



School applications

The application process for both secondary and primary school places for September 2025 is now open. To apply use this online form, please [click here](#). Secondary applications close on 31st October 2024 and Primary applications close on 15th January 2025

IMPORTANT CHANGES

WRAP AROUND CARE

The governors met last week to do a review of breakfast club and after school club. As always, we want to maintain 'wrap around care' for our pupils- supporting our working families and giving children quality snacks, play and social time.

After half term, the timings of wrap around care will be changing.

Breakfast club will start at **07:45** in a morning. The cost of this will be **£4.50**, and **£2.00** after **08:30**.

The first session of **after school club** will be extended to **16:30** and will now cost **£4.75**. The second session will run from **16:30-17:30**, and will be at a cost of **£3.75**.

(Children going to after school club after an enrichment club will be charged £4.00)

AFTER SCHOOL CLUB WILL FINISH AT 17:30.

If you are late picking your child up, there will a £5.00 late fee.

Many thanks for your continued support. The changes are in line with primary schools nationally and locally, and are considered essential to maintain strong home/school links. **Changes will commence on 31.10.24**

FOSS

It's **GROUNDS DAY** tomorrow! Please arrive around 10am, where there will be presented with brushes, shovels, paint, instructions, a cuppa and a bacon butty. We **REALLY** appreciate your all your support with this. Sunshine has also been ordered! Do not forget **FOSS meeting on Thursday 10th October 2024**

Staffing

As many of you are aware, Mrs Forster hasn't been in school this term so far. Sadly, she lost her mum to cancer in July, and then more recently her dad. Naturally, losing any family member can cause much pain, but to lose both parents in such a short period of time, is devastatingly hard. Our thoughts and prayers go out to Mrs Forster and her family.

Mrs Forster won't be with us until after half term. Please keep her and her wider family in your thoughts/prayers, as they grieve and come to terms with their loss.



Poetry Day

This was fantastic!

What a day it was, as we celebrated National Poetry Day. All the children took part. Whether it be reading published poems. Reciting old favourites. Or having a go, and composing their own. The props were phenomenal! Well done to our...

Winners - **Bertie, Caspian & Athena.**

Runners up - **Scout & Jude.**

Best class - **Curlews.**

Best group - **Adam & Sam.**

Wow. We have talented children.

Check out photos and videos [here](#)

Fashion Show

The Friends of St John's have a fundraising fashion show with Kitty Brown on Thursday **24th October at the Institute.** Diane Smillie is asking for models and help with selling tickets. If you can support (money raised goes to school and church) Please can you email Miss Sanderson on head@silverdale.lancs.sch.uk

Open Day



OPEN DAY

Tuesday 15th October 2024

- Weekly outdoor learning with forest school accredited teachers
- Creative curriculum
- Educational trips
- Set in an area of outstanding natural beauty
- Before & after school clubs
- Nursery places

Tour times: **09:30 10:45 13:30**
please email or call to book an appointment



t. 01524 701467
e. bursar@silverdale.lancs.sch.uk
www.silverdale.lancs.sch.uk



Prospective and existing parents are welcome to join us in school for the day, on Tuesday 15th October. Why not check out our promotional video, to gain an insight into life at Silverdale St John's? To join us, book an appointment with Mrs Taylor on bursar@silverdale.lancs.sch.uk

<https://youtu.be/7ld7TVJzH5E>

Class Blog

It's Curlews' this week! Click [here](#) for an insight to a week in the life of being a Curlew!

Next Week...

PUPIL PROGRESS MEETINGS THIS WEEK
07.10.24 – Specialist teacher in school
08.10.24 – Teacher appraisals
10.10.24 – World Mental Health Day
Miss Sanderson SENCO day at Bleasdale
10.10.24 – FOSS meeting in school at 1800
CHECK THE SCHOOL [WEBSITE CALENDER](#) FOR FUTURE DIARY DATES

Earrings

We understand that children have their ears pierced in the summer holidays and that these may not be healed yet. As soon as possible, please replace earrings with plastic hole coverings, or take them out completely for school. Unfortunately, children who are wearing earrings cannot take an active part in PE lessons, even if earrings are covered by plasters. This is Lancashire PE policy.

Friday Thought

"This is what the LORD spoke of when he said: "Among those who approach me I will show myself holy; in the sight of all the people I will be honored." Aaron remained silent.— [Leviticus 10:3](#)

Morecambe Bay Day

Wednesday 16th October 2024

This year marks 250 years since the words 'Morecambe Bay' appeared on a map! To mark the occasion, schools are being invited to celebrate a special 'Morecambe Bay Day'. By taking part, our school will be helping to raise money for local charities Morecambe Bay Partnership and Bay Search and Rescue who help people, nature & heritage around Morecambe Bay.

What Parents & Educators Need to Know about

INSTAGRAM

AGE RESTRICTION
13+

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

follow

WHAT ARE THE RISKS?

ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

GOING LIVE

Live streaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

Advice for Parents & Educators

AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

USE MODERATORS

Instagram Live has implemented a mechanic called 'Moderators', meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and eases over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at BCyberware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College



Love
Morecambe
Bay

Wednesday
16th October
2024

Celebrate Morecambe Bay Day



This year marks 250 years since the words 'Morecambe Bay' appeared on a map!*
To mark the occasion, we're inviting schools around the Bay to celebrate a special Morecambe Bay Day.

Your school will be helping to raise money for local charities Morecambe Bay Partnership and Bay Search and Rescue who help people, nature & heritage around Morecambe Bay.



How will you celebrate? Here's some ideas to get you started:

- ✓ Have a non-uniform day or dress up in the colours of a spectacular Morecambe Bay sunset - pink, orange, yellow, red - in exchange for a small donation.
- ✓ Turn Morecambe Bay silver & gold - add a coin to a Morecambe Bay Map.
- ✓ Hold a bake sale or challenge - who can make a biscuit in the shape of the Eric Morecambe Statue?!
- ✓ Sell some Morecambe Bay Quiz sheets - who knows most about the Bay in your family?
- ✓ Hold a Morecambe Bay-inspired art competition for a small entry fee.
- ✓ Take a sponsored walk from your school to your nearest Morecambe Bay coast or river. What can you see along the way?
- ✓ Do a sponsored litter pick around your school.

Like a target? How about £250 for 250 years of Morecambe Bay.



Registered Charity: 1175489



Registered Charity: 1090880

morecambebay.org.uk





Discover more about Morecambe Bay and why it's so special with our **FREE** resources.

We'll be sharing **FREE** resources for schools taking part including a video with Bay Search & Rescue about how to stay safe around the Bay, plus a range of digital leaflets and guides to support you.



Scan to visit our Just Giving donations page



Keep in touch. Tell us you are taking part by emailing info@morecambebay.org.uk so we can send you the resources. Don't forget to send us your amazing photos on the day too!

We all share the beautiful Morecambe Bay. By taking part in **Morecambe Bay Day**, your school will be helping to keep it special and keep people safe whilst they enjoy it. Money raised can be donated to our Just Giving page** www.justgiving.com/campaign/morecambebayday

Donations will be shared equally between local charity Morecambe Bay Partnership, which runs projects caring for nature, heritage and our communities, and Bay Search & Rescue who are dedicated to keeping people safe around our coast.

*The first map showing the name 'Morecambe Bay' appeared in *The Antiquities of Furness* by Thomas West, 1774.

**Other donations methods are available if Just Giving is not possible for your school. Contact Michelle Cooper on 07760 881826 or michelle@morecambebay.org.uk for more information.



Registered Charity: 1173489



Registered Charity: 1090880

morecambebay.org.uk

