



A massive St John's well done to all our Silverdale Stars this week.

CURLEWS – Caspian

For enthusiasm, commitment and resilience.

You always try your very best.

Fantastic work Caspian!

BITTERNS – Kara

For showing such compassion when someone really needs it. You are very astute, Kara.

HARRIERS – Catherine

For being so enthusiastic in rehearsals and for being such fun

FOSS

We had a great meeting last Thursday. Minutes for the meeting are on the school website. In the absence of an Arts Trail this year it was decided that because FOSS aren't giving their time at the cafe, they would like to 'give' instead. The Arts trail café has always been a super fund raiser. Over the last two years, it has raised over £4,000. Therefore, we are going to have a 'giving weekend', whereby parents can make donations to the school's playground project. Imagine if every family gave £50?!! Details to follow, as to how you can give to school.

We have also decided to put a Bric-a-Brac stall outside of school for the Silverdale Arts trail weekend. If anyone has any preloved clothes, toys, household goods, they want to get rid of, a table will be outside of school with a donations box, for any visitors that want to purchase from our Bric-a-Brac stall.

After School Club

Our lovely Mia is having a knee operation on 28th June. If anyone can support Trudy in after school club, that would be really helpful. The hourly rate would be £12.00. Hours 15:00-18:00 Monday to Friday.

Playground works

At last, our playground project is starting! On Monday, works will begin on the EYFS area. This is being levelled out, extended out towards the field and fencing replaced. Two weeks later, the drains are going to be repaired and then the resurfacing of the yard will be completed. The whole project should take no longer than 4 weeks. Disruption to start/end of the school day will be kept to a minimum, as will playtimes for the children. You will be given plenty of warning of any changes. For now, it is business as normal.

Lunches

Week 1 WC 17.06.24



Sponsored Run

Our annual sponsored run is on **Thursday 27th June**. Belinda is helping to organise again. Please can you get in touch with her if you are available to marshal. It will just be a short time commitment. 0930-1130

Field and Fun Day

Thanks to Mia and Steve Edge for saying they will help out on the school stall. There will be a shuffle board, lucky dip, Guess the Name of the Teddy. Children will be selling loom bands and water pistols. Registration for the fancy dress is 11:45-12:00. Judging commences at 12:00, ready for the parade. See you there!



Host family

A Ukrainian family are looking for Silverdale residents to host and sponsor them. If you can support at all, please get in touch with Miss Sanderson. It's for a mother and two daughters. The family are familiar with the village.



Community Links

A huge thank you to Bleasdale school. They have had a minibus donated to them by Variety Children's charity, and they have said we can borrow it whenever we like. Yippee! This is of huge benefit to us, as we often feel limited in our options when creating cultural capital experiences for our children. The team at Bleasdale are SUCH a blessing to us.

Attendance

Attendance 06.06.24-12.06.24
Well done to Bitterns class again!

Curlews – 86.7%
Bitterns - 98.6%
Harriers – 90.0%

International Picnic Day!



We will be joining Bleasdale school on **Tuesday 18th June for international picnic day**. ALL children must bring a packed lunch to school on this day. Pray for good weather!

Summer Production

Whoop Whoop! We have managed to get the Gaskell Hall for our summer production of Alice in Wonderland. The timings are very tight, as the children will be going on their residential the day after. However, we feel the experience of being on the stage in such a professional environment, far outweighs any subsequent exhaustion! Besides, we are hoping the children might sleep on the coach! The new date for the production is Tuesday 9th July. The show times are 1330 and 1830. A letter will be going out next week with details of the production and information about tickets.

Next Week...

17.06.24 – Playground work starts
18.06.24 – Gavin from BASC in school all day making bird boxes
18.06.24 – International picnic day at Bleasdale
18.06.24 – Teams attendance meeting – Mrs Taylor and Miss Sanderson
19.06.24 – Curlews and Starlings trip to Lakeland Maize Maze
19.06.24 – Business Committee meeting
19.06.24 – Dallam visit – literacy planning
20.06.24 – NISCU/Year 6 – Moving on session
20.06.24 – QES – Welcome evening
21.06.24 – Coaching/peer review training Miss S
CHECK THE SCHOOL [WEBSITE CALENDER](#) FOR FUTURE DIARY DATES

Transition Year 6 to Year 7

QES - Welcome evening for Parents and pupils - Thursday 20th June
Induction morning Monday 1st July.
Carnforth High School - Induction Day Thursday 4th July
Dallam - Induction evening - Monday 1st July at 6pm
Intake day Tuesday 2nd July.

Statutory Assessments

As well as SATs just a few weeks ago for the Year 6s, the Year 4s have completed the Multiplication Tables Check this week, and the Year 1s have completed the phonics screening test. The children have been a credit to themselves. Despite some nerves, ALL of them tried their very best, and ALL of them did VERY well. We are super proud!

Class Blogs

It's Curlews' class this week! Please [click](#) on the link to gain an insight into what the children have been learning in class. Please also check out our school [Facebook](#) page.

Friday Thought

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. — Ephesians 6:13

10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

7 TEACH EMPATHY

'Healthy friendships' doesn't always mean 'perfect'. Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belonging to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

10 SPOT THE SIGNS

We can't always supervise young people; sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



#WakeUpWednesday

The National College